Instructions for Terrys Race (Clockwise)

Starting at the layby on Long Hill

- 1. Go down the path behind the Layby.
- 2. Take the gate on the left onto the path and head along the Goyt Valley.
- 3. At the bridge over the river Goyt, cross the river and bear left over another bridge across a stream. Uphill then through another gate and stile to just past Knipe Farm
- 4. Follow path to the top. Turn Right then opposite Knipe Farm take the path left over a stile and up through some Larch woods.
- 5. At the top turn right to the main path near some farm buildings and then left along the path (the Midshires way).
- 6. Continue straight on past Oldfield Farm then again straight on through to the Hoo Moor Forest track. Continue to the end of the track.
- 7. At the Street after the gate turn right and go up hill.
- 8. Near the top go right (through a gate) across the moor. Following the path/ marker posts.
- 9. When you get to another path coming down from Pym Chair go right along the path heading towards Windgather. This path follows the wall at this point to Windgather.
- 10.At or just after Windgather take the path down through a gate heading towards the wood and following a wall. This turns 90 degrees and heads to another gate.
- 11. Through the gate and downhill over a small bridge and up the other side.
- 12. Follow the path right to a gate then keep going uphill to the top.
- 13. At the top Take the Ridge Path on the left.
- 14. Follow the ridge until you get to the dip in the ridge. Then turn Right and head downhill.
- 15. Head past Terry's Tree and head to the road at the bottom
- 16.At the bottom turn left until you reach a ladder stile on your right. Cross the stile.
- 17.Go Across the fields (aka b'stard fields) over/through a couple of stiles going down to the road.
- 18. At the road go left then right by the Church and graveyards.
- 19. At the bottom follow the path to go over the bridge and go right.
- 20. Immediately go left up the steep hill back to the cars parked in the layby

Good Luck!